

Domestic Violence and Abuse – Exploring the Issues

Trainer: Sam Hope

Overview:

The training day is designed to help us think more critically about our own attitudes and beliefs about domestic violence and how we work with clients around this issue. It is person-centred in approach, and does not seek to be prescriptive or absolute in its conclusions, rather to engage participants' critical thinking on the issues involved.

The day explores:

- ✚ the complex relationship between gender and domestic violence and our own responses to that, taking into account the existence of female to male violence, child to parent violence and violence within LGBT relationships
- ✚ the strengths and limitations of the various models for explaining domestic violence – e.g Duluth, cycle of violence, anger management, trauma-based approach
- ✚ the barriers to leaving a domestic violence relationship, issues of safety and powerlessness
- ✚ the aftermath; trauma, ongoing harassment, recovery
- ✚ the effects of domestic violence on children and young people

Feedback from previous participants of this course:

“Excellent trainer, very informative” “Enjoyable, despite the topic!” “Loved the day – very useful, informative and a great group” “I found it to be very informative and well balanced.” “The trainer was very good at gauging the group’s knowledge and needs . . . adaptive and flexible and so managed to keep the training relevant throughout the day.”

About Sam Hope:

Sam is a BACP accredited humanistic counsellor with a private practice on the Derbyshire/Nottinghamshire border. Sam has:

- recently undertaken an MA in Trauma Studies at the University of Nottingham, focussing on domestic violence and gender.
- a background of working for 2 Women’s Aid organisations in a number of roles, including most recently Counselling Co-ordinator and Clinical Supervisor of non-counselling staff.
- also worked for ISAS (Incest and Sexual Abuse Survivors) as well as Safe Speak, a Relate service for young people.
- experience of working with male survivors and young offenders.
- delivered domestic violence training for Leeds Counselling Service, North Derbyshire Women’s Aid and Nottingham Women’s Aid, Safe Speak and on private CPD days.